

Programma

Programma dag 1

08.45 – 09.00	Ontvangst	
09.00 – 10.45	Introductie 'Myths & Facts: Wat zijn de huidige opvattingen mbt rugpijn? Wat is het huidige management van lage rugpijn?	<ul style="list-style-type: none"> .Gain knowledge on common beliefs on persistent low back pain. .Gain knowledge on their own beliefs on persistent low back pain. .Gain knowledge on the current evidence for managing persistent non-specific low back pain.
10.45 – 11.00	Pauze	
11.00 – 12.45	Een nieuw multi-dimensionaal klinisch redeneerraamwerk (MDCRF) voor het management van complexe lage rugpijn: introductie	<ul style="list-style-type: none"> .Develop a contemporary understanding of the bio-psycho-social factors that underlie complex low back pain disorders. .Develop an understanding of a multi-dimensional approach to the classification of complex low back pain disorders based on patho-anatomical, physical, neurophysiological, familial/genetic and psychosocial factors.
12.45 – 13.15	Lunch	
13.15 - 15.00	MDCRF; Stadia van lage rugpijn / specifieke versus non specifieke lage rugpijn MDCRF; Mechanische vs niet mechanische pijn en pijngedragingen / pijntypen	<ul style="list-style-type: none"> .Develop an understanding of a multi-dimensional approach to the classification of complex low back pain disorders based on patho-anatomical, physical, neurophysiological, familial/genetic and psychosocial factors. .Develop assessment (diagnostic) skills in the application of a multi-dimensional clinical reasoning framework (MD-CRF) to examine patients with complex LBP disorders. .Identify key barriers to recover from chronic low back pain using this novel clinical reasoning approach. .Develop skills in designing and implementing Cognitive Functional Therapy (CFT) interventions. .Demonstrate how to target the key modifiable barriers to recovery from chronic low back pain using this novel clinical reasoning approach.
15.00 – 15.15	Pauze	
15.15 – 17.30	Live patiënt demonstratie 1	<ul style="list-style-type: none"> .Develop an understanding of a multi-dimensional approach to the classification of complex low back pain disorders based on

		<p>patho-anatomical, physical, neurophysiological, familial/genetic and psychosocial factors.</p> <p>.Develop assessment (diagnostic) skills in the application of a multi-dimensional clinical reasoning framework (MD-CRF) to examine patients with complex LBP disorders.</p> <p>.Identify key barriers to recover from chronic low back pain using this novel clinical reasoning approach.</p> <p>.Develop skills in designing and implementing Cognitive Functional Therapy (CFT) interventions.</p> <p>.Experience the integration of the MD-CRF based on both live patient demonstrations and discussing case studies.</p>
17:30 – 17.45	Samenvatting van de dag Vragen en discussie	

Programma dag 2

08.45 – 09.00	Ontvangst	
09.00 – 09.15	Terugblik op Dag 1	
09.20 – 10.30	MDCRF: Cognitieve en psychologische factoren / sociale factoren	.Develop an understanding of a multi-dimensional approach to the classification of complex low back pain disorders based on patho-anatomical, physical, neurophysiological, familial/genetic and psychosocial factors.
10.30 – 10.45	Pauze	
10.45 – 12.45	Live patiënt demonstratie 2	<p>.Develop an understanding of a multi-dimensional approach to the classification of complex low back pain disorders based on patho-anatomical, physical, neurophysiological, familial/genetic and psychosocial factors.</p> <p>.Develop assessment (diagnostic) skills in the application of a multi-dimensional clinical reasoning framework (MD-CRF) to examine patients with complex LBP disorders.</p> <p>.Identify key barriers to recover from chronic low back pain using this novel clinical reasoning approach.</p> <p>.Develop skills in designing and implementing Cognitive Functional Therapy (CFT) interventions.</p> <p>.Experience the integration of the MD-CRF based on both live patient demonstrations and discussing case studies.</p>

12.45 -13.15	Lunch	
13.15 – 15.00	MDCRF: Levensstijl / Individuele aspecten / Algemene gezondheid en co-morbiditeit	.Develop an understanding of a multi-dimensional approach to the classification of complex low back pain disorders based on patho-anatomical, physical, neurophysiological, familial/genetic and psychosocial factors.
15.00 – 15.15	Pauze	
15.15 – 17.15	MDCRF: Pijngerelateerde (dys)functionele gedragingen	.Develop an understanding of a multi-dimensional approach to the classification of complex low back pain disorders based on patho-anatomical, physical, neurophysiological, familial/genetic and psychosocial factors.
17.15 – 17.30	Samenvatting van de dag Vragen en discussie	
17:30 – 17.45	Bespreken verwerkingsopdrachten na dag 2 / ter voorbereiding op dag 3	

Programma dag 3

08.45 – 09.00	Ontvangst	
09.00 – 10.45	Intervisie aan de hand van eigen casuïstiek	.Develop assessment (diagnostic) skills in the application of a multi-dimensional clinical reasoning framework (MD-CRF) to examine patients with complex LBP disorders. .Identify key barriers to recover from chronic low back pain using this novel clinical reasoning approach. .Develop skills in designing and implementing Cognitive Functional Therapy (CFT) interventions. .Demonstrate how to target the key modifiable barriers to recovery from chronic low back pain using this novel clinical reasoning approach. .Experience the integration of the MD-CRF based on both live patient demonstrations and discussing case studies.
10.45 – 11.00	Pauze	
11.00 – 12.45	Verdieping MDCRF: <ul style="list-style-type: none"> • Pijngerelateerde (dys)functionele gedragingen • Cognitieve en psychologische factoren / sociale factoren 	.Develop an understanding of a multi-dimensional approach to the classification of complex low back pain disorders based on patho-anatomical, physical, neurophysiological, familial/genetic and psychosocial factors.
12.45 – 13.15	Lunch	

13.15 – 14.45	Het ontwikkelen en implementeren van CFT in je dagelijkse praktijk Integratie	<ul style="list-style-type: none"> .Develop assessment (diagnostic) skills in the application of a multi-dimensional clinical reasoning framework (MD-CRF) to examine patients with complex LBP disorders. .Identify key barriers to recover from chronic low back pain using this novel clinical reasoning approach. .Develop skills in designing and implementing Cognitive Functional Therapy (CFT) interventions. .Demonstrate how to target the key modifiable barriers to recovery from chronic low back pain using this novel clinical reasoning approach. .Experience the integration of the MD-CRF based on both live patient demonstrations and discussing case studies.
14.45 – 15.00	Pauze	
15.00 – 17.15	Het ontwikkelen en implementeren van CFT in je dagelijkse praktijk Integratie	<ul style="list-style-type: none"> .Develop assessment (diagnostic) skills in the application of a multi-dimensional clinical reasoning framework (MD-CRF) to examine patients with complex LBP disorders. .Identify key barriers to recover from chronic low back pain using this novel clinical reasoning approach. .Develop skills in designing and implementing Cognitive Functional Therapy (CFT) interventions. .Demonstrate how to target the key modifiable barriers to recovery from chronic low back pain using this novel clinical reasoning approach. .Experience the integration of the MD-CRF based on both live patient demonstrations and discussing case studies.
17.15 – 17.30	Jouw eigen ontwikkeling vwb CFT	
17:30 – 17.45	Samenvatting van de dag Vragen en discussie	